

ToothMasters

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Post-Operative Instructions for Sealants

Today, when we painted your teeth, we went a long way to protect you against tooth decay. You'll still need to brush and floss, but now you have extra protection.

Because of your new sealants there are some things you need to avoid:

**hard or sticky candy such as jolly ranchers
bubble gum
chewing on ice**

In order to maintain the warranty given to you for sealants, we will need to see you on a regular basis for cleanings and examinations. We want to make sure the sealants are working for you.

Thank You for choosing our practice for your Oral Care.